

STELLA'S

RESTAURANT



221 Powdermill Lane
Twickenham, TW2 6EH
0208 755 1562
www.stellasgrill.com

TAPAS / PETISCOS

CHORIZO IN RED WINE £6.5

Chargrilled in a red wine & tomato sauce

PORK BELLY CHUNKS £7

Chargrilled with a Portuguese salsa verde

HALLOUMI FRIES (V) £4.5

Served with a sweet chilli sauce

BABY SARDINES £6

Deep fried and served with a lemon mayo

BREADED KING PRAWNS £4.5

Deep fried and served with a sweet chilli sauce

MIXED MEAT CROQUETTES £5

Portuguese beef, pork & potato croquettes

PATATAS BRAVAS (VE) £6.5

Oven roasted cubes with a spicy tomato sauce

RISSOIS DE CAMARAO £2

Traditional Portuguese prawn cake

PASTEIS DE BACALHAU £2

Traditional Portuguese cod cake

PIRI PIRI CHICKEN WINGS £5

Choice of Lemon & Herb, Medium or Hot

HOUMOUS PLATTER (VE) £5.5

Served with olives and pitta bread

GRILLED PIGS EARS £5.5

Chargrilled with a Portuguese salsa verde

CHICKEN HEART SKEWER £5.5

Chargrilled and served with our famous homemade piri piri sauce

CHICKEN GIZZARDS £6.5

Stewed in white wine & Portuguese spices

SPICY CHICKEN LIVERS £6

Marinated and pan fried in piri piri style Portuguese spices | **HOT**

GOATS CHEESE PARCELS £6.5

Wrapped in prosciutto & chargrilled with a balsamic glaze

MUSSELS £6.5

Giant mussels in a white wine garlic cream sauce with coriander

GARLIC KING PRAWNS £7

Pan fried in a garlic and white wine sauce

CLAMS IN WHITE WINE £6

In a garlic, white wine & coriander sauce

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES AS SOON AS POSSIBLE

V = VEGETARIAN VE = VEGAN

TAPAS / PETISCOS

NACHOS (V) £5

Salsa, sour cream, guacamole, fresh chillies | **HOT**

BRUSCHETTA (VE) £5

Toasted Portuguese bread with a fresh onion salsa and olives

TRIANGULITOS DE QUEIJO (V) £6

Fried cheese triangles with cranberry sauce

STUFFED AUBERGINE (VE) £6

Stuffed with a home made Ratatouille

GARLIC MUSHROOMS (VE) £5

Garlic and white wine sauteed mushrooms

FLAMING CHORIZO £8

Portuguese chorizo served on fire at the table

BLACK BEANS & CHORIZO £6.5

Traditional Portuguese stew small plate | **HOT**

DUCK LIVER PATÉ £6

Served with toasted bread

RICOTTA CHEESE PARCELS

(V) £6

Ricotta cheese wrapped in spinach leaves served with a rich tangy tomato sauce

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FISH MAIN / PEIXE

JUMBO KING PRAWNS / GAMBAS GIGANTES £15.95

Giant grilled king prawns served with dill potatoes and a portuguese garlic butter

CHARGRILLED OCTOPUS / POLVO A LAGAREIRO £19.95

Chargrilled octopus on a bed of smashed baked potatoes topped with a portuguese salsa verde

BACALHAU COM NATAS £14.95

Salted cod casserole cooked with fried potatoes, onion and garlic in a rich creamy sauce

GRILLED SCABBARDFISH / PEIXE ESPADA PRETO £18.95

Grilled Scabbardfish served with mediterranean rice, salad or deep fried cornmeal

MIXED FISH STEW / FEIJOADA DE PEIXE £15.95

Slow cooked portuguese stew of cuttlefish, prawns and butterbeans

BEER BATTERED COD £11.95

English style beer battered cod served with chips and coleslaw

GRILLED SARDINES / SARDINHAS NA BRASA £12.95

Chargrilled sardines served with boiled potatoes, roasted peppers and a garlic vinaigrette

GRILLED SQUID / LULAS GRELHADAS £14.95

Chargrilled squid served with boiled dill infused potatoes and a garlic butter sauce

JUMBO BREADED SQUID RINGS / CALAMARI GIGANTE £12.95

Giant breaded squid rings, fried and served with chips and a homemade coleslaw

GRILLED SEA BASS £16.50

Grilled sea bass with a portuguese salsa verde served with mediteranean rice and salad

SHREDDED SALTED COD / BACALHAU A BRAS £14.50

Shredded salted cod sauteed in portuguese herbs and spices, rich yolk eggs and strawed crispy potatoes

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MEAT MAIN / CARNE

STELLA'S FILLET ON A STONE / BIFE NA PEDRA £25.95

Fillet steak served blue on a searing hot plate, cooked at the table by the customer to their own preference and served with chips, rice, coleslaw, onion rings and stella's steak sauce

GRILLED CHICKEN / FRANGO ASSADO £13.45

Whole grilled piri piri chicken served with chips, rice and a mediterranean salad. Choice of lemon & herb, medium or hot

RACK OF RIBS / PIANO £16.50

Rack of piri piri ribs marinated in white wine and portuguese spices. Served with rice, chips and coleslaw. Choice of lemon & herb, medium or hot

10 OZ ANGUS SIRLOIN STEAK / 10 OZ BIFE £18.95

10oz chargrilled angus sirloin steak served with chips, grilled mushrooms and onion rings with stella's steak sauce

CHICKEN & BEEF SKEWERS / ESPETADA MISTA £17.95

Tender pieces of chargrilled angus sirloin and marinated chicken breast served on a spit and drizzled in garlic butter. Served with fried cornmeal (milho frito), rice & coleslaw

MIXED SHARING GRILL / TABUINHA £34.95

FOR 2 PEOPLE. Portuguese sausage, picanha beef, pork fillet (secretos de porco), chicken breast, piri piri ribs and king prawns served with rice, chips, coleslaw and fresh fruit.

BITOQUE £12.95

Thin Fried Sirloin Steak served with Chips, Rice and Salad and topped with a fried egg.

CUBED PORK FILLET & CLAMS / CARNE DE PORCO A ALENTEJANA £16.95

Marinated pork fillet fried with fresh clams in a garlic and white wine sauce, served with crispy potato discs and pickles

PICADO CHICKEN £12.50

Marinated chicken breast strips pan fried and cooked in a white wine and coriander cream sauce

GRILLED LAMB CHOPS / COSTULETAS DE BORREGO GRILHADAS £16.45

Grilled marinated lamb chops with a homemade, slightly spicy, mint sauce served with rice, chips and salad

PORK CHOPS / COSTELETAS DE PORCO £12.95

Grilled pork chops with caramelized onions and peppers in a white wine & cream Sauce served with boiled new potatoes

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PASTAS & SALADS / MASSA & SALADAS

PASTA CARBONARA / MACARRÃO CARBONARA £9.95

Spaghetti cooked in a creamy sauce with cured bacon and egg.

CAESAR SALAD / SALADA CÉSAR £6.95 (V)

Fresh leafy green salad with croutons and a homemade Caesar dressing with a choice of added chicken (+£2)

SPAGHETTI BOLOGNESE / ESPARGUETTE A BOLONHESA £9.95

SIDES

FRENCH FRIES / BATATA FRITA £2.50 (VE)

MEDITERANNEAN RICE / ARROZ R:£2.50 | L:£4.50 (VE)

SWEET POTATO FRIES / BATATA DOCE FRITA £3.95 (VE)

ONION RINGS (6) £2.95 (VE)

SIDE SALAD / SALADA £2.50 (VE)

SHELLFISH PASTA / MASSA DE MARISCO £14.95

Pasta cooked with a variety of shellfish, in a white wine, garlic and cream sauce, served with garlic bread

SPICY THREE CHEESE GNOCCHI / GNOCCHI 3 QUEIJOS £10.50 (V)

Gnocchi cooked in goats cheese, stilton and parmesan with chilli, spring onions & spinach
| **HOT**

HOUSE RISOTTO / RISOTO DA CASA £9.95

GARLIC BREAD / PÃO DE ALHO £3.95 (V)

MOZARELLA STICKS (6) / VARAS DE MOZARELLA (6) £3.95 (V)

FRESH VEGETABLES / LEGUMES £3.45 (VE)

GRILLED CORN ON THE COB / MACAROCA £2.50 (VE)

COLESLAW / SALADA DE REPOLHO £3.50 (V)

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KIDS MENU

PIRI PIRI CHICKEN BREAST /
PEITO DE FRANGO PIRI PIRI **£4.95**

Butterflied piri piri chicken marinated and served in our homemade mild lemon and herb sauce served with french fries or mediterranean rice

SAUSAGE **£4.50**

Fried chip shop style sausage served with french fries or mediterranean rice

CHICKEN NUGGETS /
NUGGETS DE FRANGO **£4.50**

Deep fried breaded chicken nuggets served with french fries or mediterranean rice

FISH FINGERS / DEDOS DE PEIXE
£4.50

Fried breaded fish fingers served with french fries or mediterranean rice



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